

Acute Hematogenous Osteomyelitis in Children

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Background: The epidemiology of acute hematogenous osteomyelitis (AHO) in children has changed.

Methods: We reviewed the current literature regarding the epidemiology, microbiology, pathogenesis, clinical presentation, diagnosis, and antimicrobial management of AHO in children.

Results: *Staphylococcus aureus* is the most common microorganism causing pediatric AHO, followed by group A *Streptococcus* (GAS). AHO due to community-associated methicillin-resistant *Staphylococcus aureus* (MRSA) can cause severe and complicated disease. Pathogen isolation by culture is key for targeted antibiotic therapy. Polymerase chain reaction assay in tissue sample or joint fluid may enhance the yield of *Kingella kingae*. C-reactive protein is useful in diagnosis and monitoring the course of AHO. Magnetic resonance imaging is the preferred diagnostic imaging study for AHO. Clindamycin or vancomycin (for serious disease) is recommended for empiric therapy of suspected AHO due to MRSA depending on the geographic prevalence. Penicillinase-stable penicillins or first-generation cephalosporins are preferred antibiotics to treat methicillin-sensitive *S aureus* (MSSA) infection. Beta-lactam agents are the drugs of choice for treating AHO due to *Kingae*, GAS, or *Streptococcus pneumoniae*. For uncomplicated AHO due to MSSA, a short parenteral antibiotic course followed by oral therapy for a minimum total duration of 3-4 weeks is adequate. Complicated AHO due to MRSA may warrant prolonged therapy with surgical intervention.

Conclusion: Given the evolution of pathogens, the variability in clinical presentations and course ranging from simple to complex disease, and response to treatment, the management of AHO continues to evolve and warrants an individualized, multidisciplinary approach.

Keywords: Anti-bacterial agents, methicillin-resistant *staphylococcus aureus*, osteomyelitis

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INTRODUCTION

Osteomyelitis is a bacterial infection of the bone associated with inflammation and bone destruction with an estimated incidence of approximately 8 per 100,000 children each year in high-income countries.¹⁻² Osteomyelitis can be classified as acute (duration of symptoms <2 weeks), subacute (duration of symptoms 2 weeks to 3 months), and chronic (long-standing infection that evolves over months to years).¹ Osteomyelitis can result from direct inoculation from a penetrating trauma or can spread from a contiguous site of infection, but the most common mechanism of infection in children is hematogenous inoculation of the bone during an episode of bacteremia.³

EPIDEMIOLOGY AND PATHOGENESIS

Despite advances in diagnostic and treatment modalities, bone and joint infections are a major cause of morbidity and disease burden worldwide. Acute hematogenous osteomyelitis (AHO) is particularly common in children <5 years of age and typically affects the metaphysis because of the rich but slow blood flow of the growing bone.⁴ The microorganisms enter the bone via the nutrient artery and

are lodged in the metaphyseal capillary loops where they begin to proliferate, resulting in the spread of inflammation. In neonates and children aged <18 months, the metaphyseal vessel loop and epiphyseal vessel are connected via transphyseal vessels traversing across the growth plate. Therefore, spread of metaphyseal infection to the epiphysis and joints can occur via transphyseal vessels. In older children, the vascular connections between the metaphysis and epiphyses are obliterated, and the two blood systems (metaphyseal loops and epiphyseal vessels) are separated from each other. Osteomyelitis of the proximal humerus or femur may also be associated with septic arthritis if the involved metaphysis is intracapsular. Boys are twice as likely to be affected than girls, and children aged <5 years accounted for more than 50% of cases of AHO.⁵ Early diagnosis and appropriate treatment of osteomyelitis are imperative to avoid serious morbidity and permanent disability.⁴

MICROBIOLOGY

The bacterial etiology of osteomyelitis varies with age.⁵ The pathogen most often associated with AHO is *Staphylococcus aureus* in 80% of culture-positive cases, followed

Table 1. Microorganisms Causing Osteomyelitis With Specific Risk Factors

Clinical Association/Risk Factor	Common Microorganism
Sickle cell disease	<i>Staphylococcus aureus</i> , <i>Salmonella</i> spp, <i>Streptococcus pneumoniae</i>
Trauma	Polymicrobial (gram-negative, gram-positive, and anaerobic bacteria)
Chronic granulomatous disease	<i>Serratia</i> spp, <i>Nocardia</i> spp, <i>Burkholderia cepacia</i> , <i>Aspergillus</i> spp
Intravenous drug use	<i>Staphylococcus aureus</i> , <i>Pseudomonas aeruginosa</i> , <i>Candida</i> spp
Animal or human bites	<i>Pasteurella multocida</i> , <i>Eikenella corrodens</i>
Kitten exposure, HIV infection	<i>Bartonella henselae</i>
Exposure to farm animals	<i>Coxiella burnetii</i>
Diabetes	Polymicrobial (<i>Staphylococcus aureus</i> common, coagulase-negative Staphylococci, Streptococci, Enterobacteriaceae, and anaerobic bacteria)
Puncture wound	<i>Staphylococcus aureus</i> , <i>Pseudomonas aeruginosa</i>

HIV, human immunodeficiency virus.

by group A *Streptococcus* (GAS).^{1,5,6} In neonates, *S aureus*, group B *Streptococcus*, and gram-negative enteric bacilli are usual pathogens. *Neisseria gonorrhoeae* must be considered in neonates and sexually active adolescents.⁵ In the child with sickle cell anemia, in addition to *S aureus*, *Salmonella* spp frequently cause osteoarticular infections.⁵ In some countries (eg, Spain, France, United Kingdom, Israel, and Switzerland), *Kingella kingae* is being recognized increasingly as a common etiology of pediatric osteoarticular infections, especially in children <5 years.⁷ Data on the epidemiology of *K kingae* infection in the United States are limited. In one US study of 99 children with septic arthritis, the diagnosis of *K kingae* infection was made in 10 children aged ≤4 years; polymerase chain reaction (PCR) alone detected the pathogen in 8 cases.⁸

Osteomyelitis caused by *Haemophilus influenzae* type b (Hib) is very rare in high-income countries since the widespread implementation of the vaccination program in the 1990s;⁹ historically, Hib accounted for 10%-15% of cases of osteomyelitis in unvaccinated children <3 years in low-income countries.⁵ Likewise, children who are not immunized or who are incompletely immunized against *Streptococcus pneumoniae* have a greater risk of developing invasive disease (eg, bacteremia, meningitis, pneumonia, and bone and joint infections).⁶

AHO caused by community-associated methicillin-resistant *S aureus* (CA-MRSA) has become common in many countries.^{4-6,9-11} The prevalence of MRSA varies significantly with geography. In one US study, MRSA was implicated in 30%-40% of pediatric osteoarticular infections.⁶ A 2016 study conducted at one large US institution reported that acute musculoskeletal infections caused by MRSA rose from 11.8% in 2001-2002 to 34.8% in 2009-2010.¹¹ In pediatric studies from Finland and Saudi Arabia, MRSA was not identified as an etiology, whereas CA-MRSA has emerged as a common pathogen causing skeletal infection in Romania and Greece.^{9,10}

Most cases of AHO occur in children with no known risk factors.¹⁰ Table 1 depicts the various microorganisms causing osteomyelitis in patients with specific risk factors.

CLINICAL PRESENTATION

The clinical features of AHO vary with age and disease type.¹² AHO typically affects the metaphysis of long

tubular bones, with approximately two-thirds of all cases involving the femur, tibia, or humerus.³⁻⁵ Although single-site infection is most frequent, multifocal osteomyelitis can occur, especially in neonates and young infants.^{5,10} The onset of symptoms in AHO is often insidious.¹⁰ Children present with fever, localized pain, swelling, and rarely erythema around a long bone, limited range of motion, and limping or refusal to bear weight or use an extremity (pseudoparalysis).^{1,9} The most common clinical features of pediatric AHO reported in a 2012 systemic review are as follows: pain (81%), localized signs/symptoms (70%), fever (62%), reduced range of movement (50%), and reduced weight bearing (49%).¹³ Other manifestations include fever of unknown origin and back pain in patients with vertebral osteomyelitis.

Systemic symptoms and signs such as high fever, tachycardia, and a painful limp are more commonly noted in children with MRSA osteomyelitis than in those with methicillin-sensitive *S aureus* (MSSA) osteomyelitis, although these findings are not specific only to MRSA.¹⁴ In contrast, children aged <4 years with *K kingae* osteoarticular infection have a more benign presentation and course, with less than 15% febrile during admission and 39% with normal C-reactive protein (CRP) levels.¹⁵

DIFFERENTIAL DIAGNOSIS

The differential diagnosis of AHO includes infection (eg, septic arthritis, cellulitis), trauma, malignancy (eg, osteoid osteoma, acute lymphoblastic leukemia, Ewing sarcoma, osteosarcoma), bone infarction (in children with sickle cell disease or other hemoglobinopathies), metabolic disease (eg, Gaucher disease), vitamin A deficiency, avascular necrosis, or chronic recurrent multifocal osteomyelitis.^{4,6,10}

DIAGNOSIS

The diagnosis of AHO is established from a combination of history, physical examination, laboratory tests, imaging, and isolation of the microorganism from the bone, joint, or blood.^{9,10,16}

Inflammatory Markers

The nonspecific markers of inflammation—CRP and erythrocyte sedimentation rate (ESR)—are commonly used in the initial evaluation of AHO.¹⁷ CRP has a half-life of 19 hours

and can also be followed to ensure the illness is resolving as expected; mean time to normalization of CRP is 7-10 days compared with ESR that is 2-3 weeks or more.^{10,17} Because CRP decreases more rapidly than ESR, in routine clinical practice, CRP is the preferred test to monitor the course and resolution of illness.¹⁷ The role of procalcitonin as a diagnostic aid in bone and joint infections is unclear.¹⁰ The white blood cell count may be normal in AHO.¹³

Culture

Detection of the causative organism and knowledge of antibiotic resistance patterns—especially for MRSA—are imperative for proper treatment of AHO.^{10,16} Thus, prior to administration of antibiotics, obtaining blood culture and bone biopsy/joint fluid samples is crucial whenever feasible. Bone/joint sample cultures have a higher diagnostic yield (40%-50% positive) compared to blood cultures (10%-40%); an organism is recovered from any source in only approximately 40%-50% of cases of AHO.^{3,18} Isolation of *K kingae* on standard culture media is difficult. Detection of *K kingae* may be enhanced by direct inoculation of bony exudates or infected joint fluid into blood culture bottles, but the total reported detection rate (on solid media and blood culture vials) is approximately 33%.¹⁹

Polymerase Chain Reaction

PCR assays may enhance the yield of *K kingae*.^{8,19} However, PCR technology is expensive and not readily available. Other newer diagnostic modalities include broad-range multiplex PCR/16S ribosomal RNA or DNA amplification to detect bacterial sequences for rapid diagnosis of bacterial etiology.²⁰

Imaging Techniques

Plain radiography and ultrasound can be used to exclude other causes. A radiograph can exclude a fracture and malignancy (eg, Ewing sarcoma), while an ultrasound is very sensitive in detecting joint effusions.¹⁰ Lytic lesions and periosteal new bone formation may be evident on plain radiographs 2-3 weeks after onset of symptoms.¹ Technetium radionuclide (^{99m}Tc) bone scintigraphy is a sensitive test and useful to initially locate ill-defined sites of long bone infection or to detect multifocal disease, or it is used in situations when magnetic resonance imaging (MRI) is not feasible due to indwelling devices or braces.⁵ Radionuclide scans are frequently used as a diagnostic option in many countries but may yield false-negative results in infants.^{9,10} Computed tomography (CT) scan for diagnosis of bone and joint infection is generally not recommended in high-income countries because CT is less sensitive than MRI and involves exposure to high radiation doses.¹⁰

Currently, the imaging modality of choice is MRI, with significantly higher sensitivity (97%-100%) and specificity (92%) compared to radiographs or bone scintigraphy (Figure).^{4,10} Early changes in osteomyelitis can be detected on MRI within 2-5 days of onset of disease.¹⁰ MRI can also detect extrasseous manifestations or complications of AHO (such as pyomyositis, joint effusion, or subperiosteal abscess) and is invaluable for planning the surgical approach if required for management.^{9,10,21} The limitations of MRI are the cost, availability, long duration of scan time, and need for sedation or anesthesia.^{10,16}

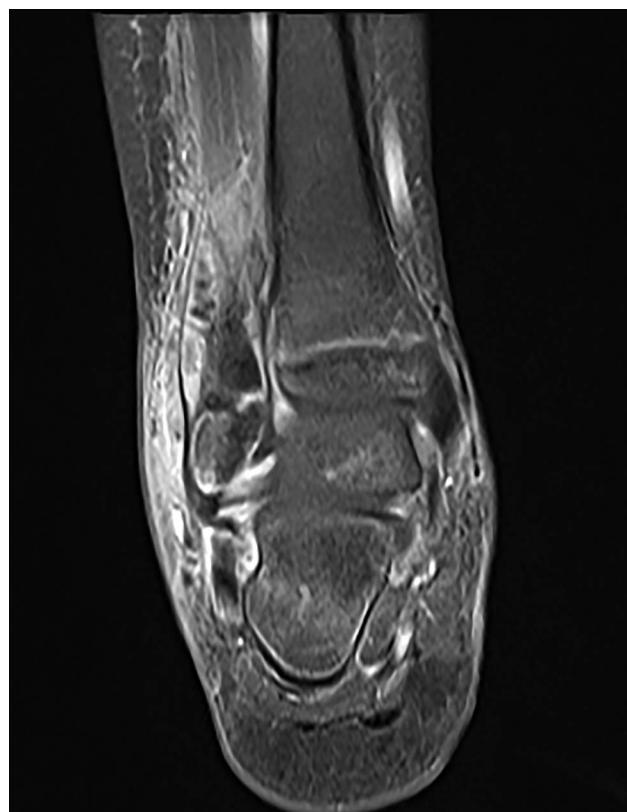


Figure. Magnetic resonance imaging of right ankle shows distal fibular osteomyelitis with subperiosteal abscess.

MANAGEMENT

The management of AHO in children is multidisciplinary, involving pediatricians, pediatric infectious disease specialists, orthopedic surgeons, and radiologists.^{10,12} The initial choice, length, and duration of antibiotic therapy depend on the causative organism, site of infection, associated complications, and clinical and laboratory response to treatment.^{5,9,10,16} In suspected cases of pediatric AHO, empiric antibiotic therapy targeted against *S aureus* (including CA-MRSA) must be initiated as soon as possible after appropriate specimens are collected for microbe isolation.^{1,5,10} In children <4 years with AHO receiving empiric antistaphylococcal therapy, consider adding a third-generation cephalosporin to cover *K kingae*.^{5,9}

Antibiotic Therapy

Clinicians must be aware of the local *S aureus* susceptibility patterns to select the best agent for empiric therapy.^{1,10,16,22} In geographic regions with prevalence of MSSA >90%, the initial empiric antimicrobial therapy for AHO beyond the neonatal period should include beta (β)-lactams, including an antistaphylococcal penicillin (eg, oxacillin or nafcillin) or first-generation cephalosporin (eg, cefazolin).¹ Clindamycin is the preferred option if the patient is not critically ill in communities where the prevalence of MRSA is >10%-15% and clindamycin resistance in MRSA isolates is <10%.^{10,22} Vancomycin is recommended for empiric therapy if the prevalence of clindamycin-resistant *S aureus* is >10%-15% or if the patient has severe illness

Table 2. Specific Pathogens and Antibiotic Treatment of Acute Osteomyelitis in Children

Organism	Treatment	Alternatives
Methicillin-susceptible <i>Staphylococcus aureus</i>	Antistaphylococcal penicillins ^a	Cefazolin, clindamycin
Methicillin-resistant <i>Staphylococcus aureus</i>	Clindamycin, ^b vancomycin	Linezolid, daptomycin, trimethoprim-sulfamethoxazole
Group A <i>Streptococcus</i>	Penicillin G, ampicillin, amoxicillin	Clindamycin ^b
<i>Streptococcus pneumoniae</i>	Ceftriaxone, ^b clindamycin ^b Penicillin G ^b Ampicillin, amoxicillin ^b	Vancomycin
<i>Kingella kingae</i>	Ampicillin or ampicillin-sulbactam Cephalosporin	
Enteric gram-negative rods	Ceftriaxone	Ciprofloxacin
<i>Pseudomonas aeruginosa</i>	Ceftazidime, ticarcillin-clavulanate	Ciprofloxacin
<i>Neisseria gonorrhoeae</i>	Ceftriaxone	Penicillin G ^b
<i>Salmonella</i> spp	Ceftriaxone	Ampicillin ^b
Anaerobes	Penicillin, clindamycin	Metronidazole, meropenem

^aOxacillin, nafcillin, cloxacillin, flucloxacillin, dicloxacillin.

^bFor susceptible strains.

(such as endocarditis or deep venous thrombosis).^{5,10,16} Because the optimum penetration of vancomycin into bone is a concern, measurement of trough levels during therapy is prudent.¹

Choice of empiric therapy also depends on the patient's immunization status and other risk factors such as sickle cell disease or immunodeficiency. In children who are not immunized or incompletely immunized during the first 5 years of life, in addition to *S aureus*, empiric coverage for Hib is also warranted with cefuroxime or a combination of nafcillin or oxacillin or clindamycin with ceftriaxone.¹ A third-generation cephalosporin, such as cefotaxime or a fluoroquinolone, is indicated for patients with sickle cell disease to cover *Salmonella* spp in addition to antistaphylococcal coverage.⁵

In neonatal osteomyelitis and septic arthritis, empiric treatment should be directed to *S aureus*, group B *Streptococci*, and gram-negative bacteria, especially *Escherichia coli*. A penicillinase-stable penicillin (such as nafcillin or oxacillin) or vancomycin in combination with gentamicin or a third-generation cephalosporin (such as cefotaxime) provides excellent coverage for potential neonatal pathogens.⁵

Once the organism is isolated, subsequent antibiotic choice should be altered based on resistance profile.⁵ β-lactam agents (oxacillin, nafcillin, and cefazolin) are the preferred agents if the isolated microorganism is MSSA. The β-lactam antibiotics have satisfactory bone penetration, proven efficacy for osteomyelitis, and an acceptable adverse effect profile when used in higher doses.^{22,23}

Given its excellent oral bioavailability and bone penetration ability, clindamycin is a good choice for long-term oral treatment in osteomyelitis due to susceptible MRSA organisms without in vitro inducible resistance.²⁴ Other alternative agents for MRSA osteomyelitis in selected circumstances include daptomycin and linezolid in patients who do not respond to vancomycin (Table 2).^{16,25} The role of trimethoprim-sulfamethoxazole for osteomyelitis due to

MRSA is anecdotal.²⁵ Other agents (eg, glycolipopeptides, oxazolidinones, and ceftaroline, a novel fifth-generation cephalosporin with activity against MRSA) may be studied in future pediatric clinical trials. Addition of rifampin is recommended by some experts as part of combination therapy for complicated MRSA infection (such as bloodstream infections and device-related infections), but data on the benefit of rifampin in otherwise healthy children with AHO are lacking.¹⁰

Most β-lactam agents (such as ampicillin, ampicillin-sulbactam, and cephalosporin) are effective against *K kingae*, but the organism is not susceptible to vancomycin or clindamycin.^{5,9} β-lactam antibiotics are also the drugs of choice for osteomyelitis due to GAS or *S pneumoniae*.¹

Culture-negative osteomyelitis is frequently encountered in clinical practice. In culture-negative cases of AHO, the initial choice of empiric antimicrobial therapy should be continued in cases of documented clinical improvement with an associated decrease in CRP. Treatment with antistaphylococcal antibiotics is usually effective against culture-negative osteomyelitis; in addition, therapy against *K kingae* should be considered in children <4 years.^{5,26}

Transitioning From Intravenous to Oral Antibiotic Therapy. Despite the considerable variability in the management of pediatric AHO, a growing body of evidence indicates that a shorter course of intravenous (IV) antibiotic therapy followed by an early transition to oral antibiotic therapy may offer a similar success rate in children with uncomplicated osteomyelitis compared to prolonged IV therapy alone while avoiding the complications related to the use of a venous catheter.²⁷⁻³⁴

Studies have documented substantial risks associated with use of prolonged IV therapy for AHO. In a 2006 retrospective cohort study from the United States, of the 75 patients who received prolonged IV therapy (>2 weeks) for AHO, 41% had ≥1 central venous catheter (CVC)-associated complication. CVC malfunction or displacement

Table 3. Oral Antibiotic Dosages for Treating Acute Hematogenous Osteomyelitis in Children^{5,37}

Antibiotic	Dose, mg/kg/day	Doses/day
Clindamycin	30-40	3-4
Cephalexin	100	4
Dicloxacillin	75-100	4
Amoxicillin	100	4

occurred in 17 (23%) patients, catheter-associated blood-stream infection occurred in 8 (11%), fever with negative blood culture results was noted in 8 (11%), and local skin infection at the site of catheter insertion occurred in 4 (5%) patients.³⁵

In another report, children with AHO sent home on IV therapy were 2.1 times more likely to experience catheter-related adverse events compared with children on oral antibiotics only.³⁶ The study suggested that institutional culture and tradition rather than patient characteristics were driving therapeutic choices regarding prolonged IV therapy.³⁶ Oral antibiotic therapy is less expensive and more convenient than IV therapy, and it can be instituted as stepdown treatment when the patient's clinical status has improved (eg, resolution of fever and pain), when bacteremia resolves (if initially positive), when CRP level declines to <3 mg/dL, and when compliance with therapy and follow-up is excellent.^{10,37,38}

A randomized controlled trial conducted in Finland showed that most cases of childhood AHO can be treated with 2-4 days of IV antibiotics followed by 20 or 30 days of oral antibiotics (large doses of clindamycin or a first-generation cephalosporin) in patients who respond quickly and whose CRP values normalize within 10 days.³² In this study, all cases of osteomyelitis were caused by MSSA. Therefore, the therapeutic approach proposed by the authors may not be applicable to settings where MRSA osteomyelitis is common. Two additional trials (conducted in Chile and Australia/United Kingdom) that included predominantly MSSA cases also demonstrated no difference in outcomes when the duration of IV antibiotic therapy was <1 week.^{33,34} A systematic review from the United Kingdom published in 2013 also concluded that uncomplicated AHO in children >3 months should be treated with 3-4 days of IV antibiotics followed by the transition to oral antibiotics if the child shows a good clinical response.³⁹ Using higher doses of oral β -lactam antibiotics is crucial to ensure adequate antibiotics levels in the bloodstream (Table 3).^{5,37}

Duration of Antibiotic Therapy. Limited evidence exists on the initial antibiotic choice or the optimal length of parenteral or oral treatment of pediatric AHO.³⁹ The appropriate duration of therapy for AHO is unclear and depends on the infecting pathogen, severity of the disease, concomitant septic joint, and the host.^{9,40} Historic data indicate high rates of relapse if the duration of antibiotic therapy is <3 weeks.⁴¹ However, this study was limited by a retrospective study design, and the reported treatment failures may also be related to other factors such as delay in surgical drainage of subperiosteal or bone abscess in some patients that resulted in chronic disease and subsequent relapse and no surgical intervention in half of the patients diagnosed with chronic osteomyelitis at presentation.⁴¹ Data from a clinical trial from

Finland published in 2010 support a shorter duration of therapy (20 days) compared to 30 days for uncomplicated AHO, especially if the disease is caused by MSSA.³² A systematic review published in 2013 also recommended a shorter duration of parenteral antibiotic therapy (3-4 days) followed by oral antibiotic therapy to a total duration of 3 weeks in children with uncomplicated AHO (Grade 2 recommendation).³⁹ However, a longer duration of therapy (including prolonged parenteral course) ranging from 4-6 weeks may be warranted for a complicated clinical course (eg, sepsis, venous thrombosis), resistant or virulent microorganism (such as MRSA, Panton-Valentine leukocidin [PVL]-positive *S aureus*), and pelvic or spinal column involvement.^{10,16,40,42,43} In contrast to MRSA osteomyelitis, multidrug-resistant pneumococcal strains causing AHO and septic arthritis are not associated with an increased risk of complicated disease.⁴⁴ Data are also lacking on the effectiveness of shorter durations of therapy in selected populations with AHO, such as neonates, immunocompromised or malnourished children, and children with sickle cell disease.³⁹

Surgical Intervention

Studies have shown that appropriate antibiotic therapy alone without surgical intervention may suffice for 90% of cases of AHO.^{9,13,32} In some cases of complicated AHO due to CA-MRSA, surgical incision and drainage (including multiple procedures) may be indicated.⁴⁰ The indications for surgical management in AHO include persistent symptoms (fever, local inflammation) not responding to empiric antibiotic therapy, the presence of periosteal or other deep soft tissue abscess (more common with MRSA or strains expressing virulence genes such as PVL), concomitant septic arthritis especially of the hip and shoulder joint, presence of necrotic bone, and formation of a sinus tract.^{13,40,42}

COMPLICATIONS

AHO due to MRSA may be associated with more complicated disease compared with AHO caused by MSSA or organisms other than *S aureus*, including subperiosteal and intraosseous abscesses, deep vein thrombosis at a site adjacent to the infected bone, septic pulmonary emboli, disseminated infection with multiorgan failure, pathologic fractures, longer median hospital stay, increased requirement of surgical intervention to drain deep abscesses, and even chronic sequelae.^{10,11,40,43,45} Severe disease could be related to an *S aureus* virulence factor, PVL, a cytotoxin that destroys leucocytes, that has been found to be more prevalent in MRSA.^{5,10,42,46-48} A delay in the diagnosis and initiation of appropriate treatment can lead to potentially devastating morbidity, including sepsis, chronic infection, disruption of longitudinal bone growth, and angular deformity.¹³ Pelvic osteomyelitis is often associated with pyomyositis and may be related to infection with CA-MRSA or PVL production.^{49,50} Close follow-up within 2 weeks following discharge is recommended for patients with AHO to ensure continued clinical improvement.⁵¹

CONCLUSION

Pediatric AHO is a serious infection worldwide. Given the evolution of pathogens, variability in clinical presentations and course ranging from simple to complex disease, and response to treatment, the management of AHO continues

to evolve and warrants an individualized, multidisciplinary approach. With the emergence of CA-MRSA in some countries, early diagnosis, identification of the pathogen, and appropriate antibiotic use are crucial to achieve favorable outcomes and avoid complications.

The diagnosis of AHO is made using a combination of factors including clinical findings, inflammatory markers, and MRI and obtaining a specimen (bone and blood) for culture when feasible. Thereafter, empiric antibiotic therapy based on epidemiology and resistance pattern of the etiologic agent for the patient's specific geographic area must be started. For simple, uncomplicated infections, a short course of IV antibiotics followed by oral antibiotics is acceptable if clinical status improves and CRP declines. However, for complicated AHO (eg, multifocal disease, abscesses, venous thrombosis) due to resistant bacteria such as MRSA, prolonged parenteral therapy in conjunction with surgical intervention as appropriate may be necessary.

To achieve optimal outcomes, antibiotic treatment should be continued until the CRP concentration has normalized or significantly decreased. Sequential determinations of CRP are important to monitor response to treatment in AHO patients infected with MSSA and for patients with AHO caused by organisms other than *S aureus*.

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