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CME QUESTIONS VOL. 9, NO. 1

This section provides a review. Mark each statement (circle the correct answer) according to the factual material contained in this issue and the opinions of the authors. A score of 70% per article is required to qualify for CME credit.

Name four etiologies of groin pain.	
2.	Pain occurring in the dermatome of an inguinal nerve is always due to an inguinal hernia.

- True or FalseSlight bulging in the groin region may be due to a sports hernia.
 - True or False
- After normal hip x-ray, magnetic resonance imaging is the next best test for orthopedic etiologies of groin pain. True or False

Arteriovenous Fistula Secondary to Recurrent Metacarpophalangeal Joint Dislocation: A Case Report

- 1. Acquired arteriovenous fistula (AVF) is rare compared to congenital lesions in the upper limbs.
 - True or False
- Conservative management is the most successful treatment for traumatic AVF of the upper limb. True or False
- 3. Conventional angiography is essential in the diagnosis of traumatic AVF.

True or False

Laparoscopic Cholecystectomy in Chronic Ambulatory Peritoneal Dialysis

- The current recommendation for treatment for patient on chronic ambulatory peritoneal dialysis (CAPD) with cholelithiasis is laparoscopic cholecystectomy (LC). True or False
- 2. After laparotomy, CAPD should be commenced immediately. *True or False*
- 3. Which of the following is not a contraindication of LC?
 - a. Major abscesses and peritonitis
 - b. Extended adhesions
 - c. Hemodynamically unstable patients
 - d. Platelet dysfunction
 - e. Patients on CAPD
- 4) Which of the following is true regarding the advantage of LC versus open cholecystectomy?
 - a. Increased operative time by experienced surgeons
 - b. Increased incidence of pulmonary dysfunction
 - c. Reduction in postoperative recovery times
 - d. Delay in resumption of CAPD
 - e. Dependence on hemodialysis for a prolonged period

Vertigo: A Review of Common Peripheral and Central Disorders

 Superior semicircular canal dehiscence is most definitively diagnosed with high resolution computed tomography of the temporal bone.

True or False

- 2. A vestibular schwannoma is a fast-growing malignant lesion that often metastasizes early.
 - True or False
- 3. What disorder is best characterized by spontaneous episodic attacks of tinnitus, aural fullness, fluctuating hearing loss, and vertigo superimposed on a gradual decline in hearing?
 - a. Labvrinthitis
 - b. Vestibular schwannoma
 - c. Meniere's syndrome
 - d. Vertebrobasilar insufficiency

Infection Control and Prevention: A Review of Hospital-Acquired Infections and the Economic Implications

- 1. Vascular catheter-associated infections are prevented by:
 - a. Practicing good hand hygiene
 - b. Use of maximal barrier precautions during catheter insertion
 - c. Use of chlorhexidine skin antiseptic when inserting and during the care of the insertion site
 - d. Use of an optimal site (subclavian vein is preferred for nontunneled catheters)
 - e. All of the above
- 2. Catheter associated urinary tract infections are prevented by:
 - a. Good hand hygiene
 - b. Providing good perineal care through adequate washing of the catheter and the site of insertion routinely
 - c. Securing the catheter to prevent biofilm dislodgement and irritation
 - d. Removal of the catheter when it is no longer needed
 - e. All of the above
- 3. Ventilator-associated pneumonias are prevented by:
 - a. Elevation of the head of the bed to between 30° and 45° angles
 - b. Peptic ulcer disease prophylaxis
 - c. Deep vein thrombosis prophylaxis
 - d. Removal of the intubation tubing when deemed unnecessary
 - e. All of the above

Dietary Intake of Nuts and Cardiovascular Prognosis

- 1. Dietary nut consumption may:
 - a. Reduce cardiovascular disease
 - b. Help with smoking cessation
 - c. Improve plasma lipids
 - d. All of the above
 - e. A and C are correct
- 2. Which of the following statements regarding nuts are true?
 - a. They have high quantities of EPA and DHA
 - b. They are proven to lower blood pressure
 - c. They contain a very low percentage of fat
 - d. None of the above is true
- 3. Regarding ALA (alpha-linolenic acid):
 - a. This is contained in high quantities in most nuts
 - b. This is basically the same as fish oil
 - c. The body converts some of ALA to fish oil ((EPA/DHA)
 - d. All of the above are true
 - e. None of the above is true